



**Dohn
Community
High
School**
Making Dreams Come True

Breakfast in the Classroom or Designated Area Letter to Families

August 23rd, 2023

Dear Families,

DOHN Community High School is committed to ensuring that all of our students start the day with a nutritious breakfast. Kids who eat breakfast tend to miss less school, get better grades and are more likely to graduate high school. This letter is to inform you that our school will begin serving **breakfast in the classroom or a designated area** on September 5th, 2023.

What is breakfast in the classroom or a designated area? Breakfast will be served to students in their classrooms or a designated area after the bell rings. Students will have an opportunity to eat breakfast during the first 15 minutes of class while their teachers take attendance, collect homework or begin lessons as usual. Breakfast will be delivered to our classrooms or a designated area in food carrying bags that keep the food hot and cold.

Serving breakfast in the classroom or a designated area gives more students the opportunity to eat breakfast at school. It removes common barriers like students missing breakfast because they arrive late or because they would rather skip breakfast to hang out with their friends. Now all students have the opportunity to eat together in their classrooms or a designated area and start their day ready to learn.

What is served for breakfast? School breakfast always includes milk, fruit or juice and whole grains. Even though breakfast items provided to students at school sometimes look like the same breakfast items found in stores, school breakfast items have more whole grains and less sugar, sodium, fat and calories. A copy of our menu is posted daily on <https://youtu.be/vDuhlvM7tss>.

How much does school breakfast cost? This year the school is participating in the Community Eligibility Program (CEP) and under this program all students are served a free breakfast AND free lunch. Please urge your student to eat a healthy breakfast and lunch at the school.

If you have questions, please contact the Food Service Department at 513.300.5363.

Sincerely,
Diane Sharp
Food Service Director